## **Introduced by Assembly Member Nation**

April 28, 2004

House Resolution No. 50—Relative to skin cancer and melanoma awareness.

1 WHEREAS, Malignant melanoma, a serious skin cancer, is characterized by the uncontrolled growth of pigment-producing 3

tanning cells; and

4 WHEREAS, Melanoma has its beginnings in melanocytes, the skin cells that produce the dark protective pigment called melanin.

Melanomas may suddenly appear without warning, but may also

begin in or near a mole or other dark spot in the skin; and 8

WHEREAS, Melanoma generally begins as a mottled, light brown to black flat blemish with irregular borders, usually at least one-quarter inch in size. It may turn shades of red, blue, or white, crust on the surface or bleed, and most frequently appears on the upper back torso, lower legs, head, and neck; and

WHEREAS, Excessive exposure to ultraviolet radiation (UVA and UVB) is the most important preventable cause of melanoma. Other possible causes include genetic factors and immune deficiencies. Malignant melanoma has also been linked to past sunburns and sun and tanning device exposure at younger ages;

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19 WHEREAS, Melanoma can affect men, women, and children,

but individuals with increased risk include those with fair

complexions, prior significant sunburns, a family member with

melanoma, or a high number of atypical moles; and

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 WHEREAS, Atypical moles are unusual moles that are generally larger than normal moles, variable in color, often have irregular borders, and may occur in far greater numbers than regular moles; and

WHEREAS, The incidence of melanoma has doubled in the last 20 years, and it continues to rise faster than any other cancer in women, except for lung cancer. Melanoma is the most common form of cancer among people between 25 and 29 years of age, and experts estimate that if the present rate continues, soon melanoma will strike one in 70 Californians; and

WHEREAS, Six out of seven skin cancer deaths are from malignant melanoma. Advanced malignant melanoma spreads to other organs and may result in death. When detected early, surgical removal of thin melanomas can cure the disease in most cases; and

WHEREAS, Early detection is crucial. There is a direct correlation between the thickness of the melanoma and the survival rate. If a melanoma is detected and treated early, the cure rate is very high. Generally, as the disease advances, the tumor thickens and spreads, lowering the survival rate; and

WHEREAS, Correct aggressive treatment by qualified medical professionals can lead to positive results; and

WHEREAS, Melanoma in its early stages may only be detected by visual inspection. Dermatologists recommend regular self-examination of the skin to detect changes in its appearance, especially changes in existing moles or blemishes. Additionally, patients with risk factors should have a complete skin examination annually; now, therefore, be it

Resolved by the Assembly of the State of California, That the month of May 2004, shall be recognized as Skin Cancer Awareness Month in California, and all Californians be encouraged to make themselves and their families aware of the risk of skin cancer and the preventive measures; and be it further

*Resolved*, That the Assembly hereby proclaims May 3, 2004, as Melanoma Awareness Monday in California to increase public awareness of the importance of routine complete skin examination to detect early melanomas; and be it further

*Resolved*, That the Chief Clerk of the Assembly shall transmit copies of this resolution to the author for appropriate distribution.